# GREATER STONEGATE VILLAGE NEIGHBORLY NEWS

GREATER STONEGATE VILLAGE

www.greaterstonegatevillage.org

## Welcome to Greater Stonegate Village !!

GSV is an intergenerational network of neighbors helping neighbors. Through stimulating educational programs and friendly social events, along with support services such as friendly visiting, transportation, handyman services, and technology help provided by Stonegate volunteers, the Greater Stonegate Village is enabling older residents in the Greater Stonegate Community to successfully age in place. Through these services and activities, our older residents remain engaged, active and supported, while the community connections of the Greater Stonegate neighborhood are strengthened by the volunteers of all ages who have joined our growing Village!

Officially launched in November 2017, we have just completed our first year of operation and are pleased to report that we have 47 members and 32 volunteers. The year was filled with a variety of social and educational programs, ranging from Pot Luck Dinners and an evening at the Olney Theatre, to informative programs on Medicare, AARP Smart Driver Tek, healthy eating and exercising, how to "de-clutter" your home, home safety and many more. Members have also enjoyed a variety of other events, including an energetic presentation by the recently retired co-founder and CEO of the Strathmore Performing Arts Center, a visually engaging afternoon with a former National Geographic photographer, and mouth-watering introduction to the Mediterranean Diet and Lifestyle by a well-known cookbook author.

Through our group of screened and trained community volunteers, the Greater Stonegate Village has been able to provide a variety of supportive services to members. Such services have included transportation to medical appointments, grocery shopping and assistance during temporary, unexpected medical emergencies (taking trash and recycle out, daily check-ins and help in picking up prescriptions).

As we embark on our second year of operation, we will strive to:

- Continue to provide our monthly social and educational programs,
- increase the various interest groups being formed by GSV members
- Enhance the services available, based upon the needs of the members
- Increase membership
- Increase the number of volunteers, with an emphasis on recruiting young residents of the Greater Stonegate community to enhance the intergenerational nature of GSV

We hope those of you who are currently members will continue to utilize and enjoy the many programs and services of the Village. For those of you that are not currently involved with GSV, we encourage you to visit our website, <a href="https://www.greaterstonegatevillage.org">www.greaterstonegatevillage.org</a> to learn more about our history, programs and services.

New activity groups forming now!! See page 2 for details VOLUME I, ISSUE I JANUARY/FEBRUARY 2019

### Greater Stonegate Village Open House

#### Was a great success!!

We were so happy to see so many of our Greater Stonegate neighbors and share information about the GSV!

We would like to thank our special guest, Mike Heyser of Heyser Farms for sharing some of the history of the Greater Stonegate area. A brief summary of his presentation can be found on Page 4.

Also, many thanks to Geri and Richard Cooperman for graciously hosting this

If you are interested in learning more about membership in GSV, please contact

John Jeffery, Membership Chair johnjeffery124@gmail.com 608.215.0727

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#### WWW.GREATERSTONEGATEVILLAGE.ORG

#### **Upcoming Events**

Thursday, January 10, 2019 1 - 3 pm Child Survivor of the Holocaust Iosie Traum

Sunday, January 27, 2019 4 - 6 pm Greater Stonegate Village Open House

Wednesday, February 20, 2019 1 - 3 pm Voice Activated Home Technologies Mary Jo Deering

Saturday, March 16, 2019 1 - 3 pm Managing Medications as You Age Dr. Nickie Lepcha

Thursday, April 4, 2019 1 - 3 pm Know Nothing Photography - Getting the Most out of Your Cellphone Camera! Rollin Fraser

#### **Ongoing Groups**

Monday and Friday Mornings—GSV Walking Group

To RSVP for these events and to get location information, please email Geri Cooperman at: gcooperman@aol.com

# We are pleased to announce that GSV is launching a Men's Group

Our first meeting will be an informal lunch at: Jewel of India Restaurant 10151 New Hampshire Avenue Friday, February 15, 12:30 pm

Please come and help launch the group! RSVP:

Amos: <u>amatt47@veizon.net</u> (301) 325-8797 Richard: <u>rcooperman@aol.com</u> (301) 384-753

### The Needlework Group is Back!!

The next meeting of the group will be at the home of Patty Finch on Thursday, February 27.

For more information

contact Patty at

(301)384-3720 or pattytomfinch@yahoo.com

### Membership in the Greater Stonegate Village

The Greater Stonegate Village is open to residents of all ages and abilities. Most of the current members are vibrant, active members of the Greater Stonegate community, enjoying the many social and educational activities provided by the Village while giving back to the community as volunteers. Many view the Village not only as a social group but as an "insurance policy", assuring that the services provided by the Village will be available should they need to utilize them in the future.

We encourage all residents of the Greater Stonegate community to join us, either as a Member or Volunteer. Please visit our website for more information:

www.greaterstonegate.org

For more information on membership,
please email us at <a href="mailto:info@greaterstonegatevillage.org">info@greaterstonegatevillage.org</a>
or call us at 240-918-7969.

# Volunteers are the foundation of Greater Stonegate Village.

Whether you have a lot of time to give or only a little, we have a place for you! By volunteering your time and talents to Greater Stonegate Village, you are providing an older resident the peace of mind that a neighbor is there for them while contributing to a stronger, intergenerational Greater Stonegate community. Anyone 18 years of age and older can volunteer for a variety of fun and rewarding tasks and activities that meet their schedules, skills and interests.

You can choose to provide direct services to members such as transportation to medical appointments or shopping, making friendly visits or telephone check-in calls, assist with technology or provide simple handyman services.

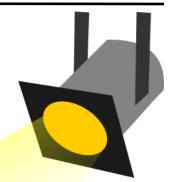
Your talents can also be used to help with member recruitment, planning educational and social events or being a speaker at such an event, or assisting with communications and newsletter publication.

If you have an interest in volunteering, we can find the right fit for you! We strive to provide reliable, "neighborly" services to our members as well as positive and rewarding experiences for our volunteers. We look forward to having you join us on this wonderful, community partnership!

For more information on how you can become involved, please call us at (240) 918-7989.

#### **Volunteer Spotlight**

The Greater Stonegate Village is built upon the strength of its volunteers. In our first edition of the Neighborly News, we would like to introduce you to the GSV Board of Directors. These individuals had the vision to create this neighbor-helping-neighbor network and have volunteered hundreds of hours in making this vision a reality. From taking an idea, surveying the neighborhood, utilizing the feedback and doing the hard work of creating a non-profit organization designed to address the unique needs of the Greater Stonegate community, this group of dedicated residents have demonstrated their commitment to this growing Village. We are pleased to introduce you to your Greater Stonegate Village Board of Directors.





Top row, left to right: John Jeffery, Membership; Harvey Flatt, Service Delivery; Sue Winakur, Volunteer Coordinator; Geri Cooperman, Vice President and Programs; Amos Matthews, Legal.
Bottom row, left to right: Linda Smith, Service Delivery; Lesley Rogers, Secretary; Richard Cooperman, Treasurer; Bob Ramsey, President.
Not pictured: Kendell Matthews, President Emeritus.

To learn more about the Greater Stonegate Village Board of Directors and their commitment to building and sustaining the Village, visit our webpage, www.greaterstonegatevillage.org and click on the "About Us" tab, then select "Our Officers".

### Mark Your Calendar for our Next Educational Program!!

Wednesday, February 20, 2019

# DEMONSTRATION AND DISCUSSION ABOUT VOICE ACTIVATED TECHNOLOGIES IN THE HOME

Voice activated personal assistant technology has been commanding the attention and excitement of consumers since it appeared on the scene a few years ago. It has inspired discussions about potential benefits but questions about real value and privacy concerns also come up.

Mary Jo Deering, who leads Maplewood Village in Bethesda and chairs the WAVE (Washington Area Village Exchange) Tech Committee, will talk about the pros and cons of Amazon's Alexa and other home voice-activated technologies, with an emphasis on the interests of older adults.

DATE: Wednesday, February 20, 2019

**TIME**: 1 - 3 PM

**RSVP:** Please email Geri Cooperman directly at gcooperman@aol.com or

# The Greater Stonegate Community Now and Then

Today, the Greater Stonegate Community, comprised of Stonegate, Naples, Stratford Woods, Bonifant Village or Old Salem Village, is a diverse community of over 1500 single family homes and townhomes and includes community parks, Stonegate Elementary School and the Stonegate Swim Club. It is hard to imagine that years ago, our community was considered the "country" and a retreat from the hot summer days in Washington, DC.

At the Greater Stonegate Village Open House held on January 27th, Mike Heyser, of Heyser Farms, shared some local history of the Greater Stonegate community. Below is a brief summary of his presentation.

Mike Heyser is the third generation to manage Heyser Farms at the corner of New Hampshire Avenue and Bonifant Road, and Mike's teenage children, the fourth generation, are now working there and plan to study agriculture in college. Mike's grandfather started running the six-acre plot in 1946. His son, Mike's father, built a family home on the land in the 1950s, which is where Mike grew up. He talked about other farms and orchards along New Hampshire Avenue and Randolph Road, some owned by blacks who were descended from slaves. The land across New Hampshire Avenue from Heyser Farms was owned by a society of women who took in orphans, and when the society died out, the property became a restaurant in the early to mid-1900s. The stone wall can still be seen from New Hampshire Avenue.

Mike read an excerpt from *The Crooked Furrow*, a memoir by Thomas Y. Canby of growing up at Rose Hill, a farm that occupied much of the land that is now Stonegate. The original owners were the Duvalls, who received an English land grant for the property. In the early 1800s, Thomas Canby, a Quaker, moved to the area from Pennsylvania and married into the Episcopalian Duvall family. Tom, the writer of the memoir, grew up in the original house in the mid-20th century and helped his father, Yellett, maintain the family farm. By then, Yellett's brother Russ had been given the part of the farmland along New Hampshire Avenue where the mosque and orthodox church now stand. Russ planted and nurtured a peach orchard, selling his harvest at a stand on New Hampshire Avenue. The quality of his fruit was good, and the farm stand conveniently located on New Hampshire Avenue, then called the Pike. Soon there were so many customers coming to buy peaches that traffic came to a standstill in front of the stand. Tom's father, Yellott, tried to follow suit but was never able to do as well because he was not located on a major artery.

In addition to reading from *The Crooked Furrow*, Mike also mentioned the book *Colesville* as another source of local history. Mike has created a model of New Hampshire Ave as it was in earlier days and has it on display in his store on the second floor. Please stop by to see it and while you are there, pick up some Heyser Farms Cider - it is some of the best around!! The Greater Stonegate Village greatly appreciates Mike's willingness to spend his time with us at the Open House.

#### Winter Weather Tips

Now that the winter weather is upon us, it is important to listen to the weather forecast and plan ahead!

- Have important prescription medications filled and available
- Have enough food for several days
- Working flashlights and fresh batteries in case of a power outage
- A plan to have your outside steps, sidewalks and driveways cleared. If you need a list of individuals in the neighborhood that have posted on the Stonegate Listserve their interest in helping with snow removal, the GSV Service Committee can provide you with the information. You will need to contact these individuals to negotiate out the specifics.

GVS members needing assistance with shopping BEFORE THE ARRIVAL OF INCLEMENT WEATHER should call the Services Committee at: 240-918-7989.

